

## Friends of the CARANTOUAN GREENWAY

Yes! Count me in! I believe in protecting farm and forestland, wildlife habitat and watersheds in the Penn-York Valley. I want to become a member of Carantouan Greenway!

- |  |                |   |               |
|--|----------------|---|---------------|
| <input type="checkbox"/> <b>Mighty Oak</b>   | \$500 per year | <input type="checkbox"/> <b>Trailblazer</b> | \$25 per year |
| <input type="checkbox"/> <b>Golden Eagle</b> | \$75 per year  | <input type="checkbox"/> <b>Other</b>       | \$ _____      |
| <input type="checkbox"/> <b>Stargazer</b>    | \$50 per year  |   |               |

Name \_\_\_\_\_

Address \_\_\_\_\_

Town, State, Zip \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Telephone \_\_\_\_\_

**Gifts to Carantouan Greenway are fully tax deductible! (Tax Id Number: 23-2750872)**

*Please send all contributions to Carantouan Greenway, PO Box 441, Sayre, PA 18840-0441 or PO Box 827, Waverly, NY 14892-0827*

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of the  
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### CARANTOUAN GREENWAY

PO Box 441  
Sayre, PA 18840-0441

ADDRESS CORRECTION REQUESTED



# RIVER TALK

*Fall 2010*

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#### A MEMORIAL BENCH AT LAST!

After years of frustrated waiting for a memorial bench project to materialize from money donated by Nell Allen in memory of her husband, Dr. Robert Allen, the Greenway finally has a bench at Wildwood! Situated on the lower portion of the Molly Glaser Caplan Trail, it offers a wonderful view across the pond and is a great place from which to enjoy the sounds of the birds in the woods behind.

Putting the bench in was quite an adventure, which Dr. Allen, a person who loved challenges, would have appreciated. John had taken the wheelbarrow back to the car to get the second 80# bag of concrete mix when a fast-moving, fierce storm blew in from the west. The noise of its approach was loud and frightening, and Marilyn wondered if the sound could be termed "freight train", like is often talked about on the Weather Channel. Then, C-R-A-A-A-A-CK, B-O-O-O-O-M, a tree on the island across the pond came down, sending a large mass of leaf and branch debris spiralling up above the woods. Certain that it was a

tornado, Marty and Marilyn looked about for shelter, and, finding none, stood and watched in awe as Mother Nature's drama unfolded. Rain streamed horizontally across the pond in undulating sheets, hurled by the whipping wind. Fortunately, the storm was brief, and it brought both the heat and the humidity down to bearable levels. As the storm moved on, the trio of stalwarts finished the project and retired in muddy splendor to Marty's house for a well-earned, celebratory drink.

#### New Carantouan Website Now LIVE!

Check out Carantouan's new website at [www.carantouangreenway.org](http://www.carantouangreenway.org) and let us know what you think.

The website, designed in co-operation with our webmaster Jerry Gordon, provides information about Carantouan's values, programs, and volunteer opportunities; describes our trails and nature reserve, how to donate or become a member, and how to join our e-mail list; and includes copies of back issues of our newsletter, 'RiverTalk'. In the future we plan to add history sections, trail maps, event news, and more photographs.

Jerry, who manages several other non-profit websites, did a terrific job with the website. The Greenway is fortunate to have such an experienced resource.

#### THANK YOU, VOLUNTEERS!

A deep and heartfelt thanks from the Carantouan Greenway goes to Sue and Jon Moehlmann, Jo Taylor and Bruce Rogers, Gloria Riegel, Joe Schmiege, Dave Prugh, and Richard Bartlett for coming out to help with one or both of our summer trail cleanups. The early spring weather gave the undergrowth lining the trails a super head start this year, and there was a lot of work that needed

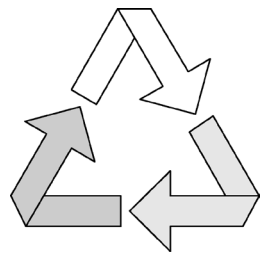
**Thank You, Volunteers Con't.....**

to be done to make the trail navigable for visitors. The lack of rain this summer slowed regrowth, but there was still plenty to do to open the trail again for what we hope is the last time for this season.

As Jo Taylor put it, "Everyone who does any hiking anywhere in the world is walking on trails that volunteers have helped to keep clear, and every person who hikes or walks should make it a goal to pitch in and help with the work that goes into making the trails possible."

Our thanks as well to Sue and Jon Moehlmann, Katie Replogle, and Rich Maggi, who came out on another hot and steamy day to help the Greenway to pick up our two-mile section of 220 in the Milan area. If it weren't for volunteers like these, our job would be impossibly difficult. We deeply appreciate your help.

And, a very special thanks to Barry Skeist, who continues to maintain the Forbidden Path entirely without help. Photographs of all the Greenway trails can be viewed on our new website [www.carantouangreenway.org](http://www.carantouangreenway.org). Check them out, but better still, get out and walk them!



**NTSWA e-cycle**

Northern tier Pennsylvania residents can now recycle all their unwanted and used electronics at one of the Northern Tier Solid Waste Authority (NTSWA) Recycling Centers, **FOR FREE**. All goods are sent to a registered electronics company and are either reused or recycled. Go to [www.NTSWA.org](http://www.NTSWA.org) for details or call 570-297-4177.

**Maine Reflections  
by Marty Borko**

The months of June & July had been visited by record-breaking heat so when Pen and I had a chance to take a trip to visit with her re-connected California friend, spending time in Maine, we took her up on the offer. Popham Beach, to be more exact, which is off the Kennebec River and south of Bath on highway 209. The week's weather was most pleasant for the sand beach and the vegetated upper beach supported a most reasonable mosquito population.

I was surprised at the military installations or forts that had been constructed there by the British and later by the US, particularly WW I. There was no staffing of Fort facilities, but both structures were open to the public with several educational displays.

At the end of Route 209 and in the adjacent bay were pockets of small mud flats that fed greater yellowlegs, semipalmated plovers and semipalmated sandpipers. They both tended to visit early as the tide was in its early stages of falling. The yellowlegs would wade in right up to their belly feathers while the sandpipers & plovers would work the shore line. Light conditions provided a great opportunity to see the color variations in the Plover's yellow & black bill.

There were few opportunities to watch gulls, but from time to time one was sitting on the dock or flying. There were single great black-backs flying over the beach along with an occasional black-headed laughing gull. The herring and single ring-billed gull were seen in the bay. There were lots of common terns diving and chasing cormorants in the bay and just diving and fishing along Popham Beach. The islands off the beach had lots of sunning cormorants and a green buoy supported a nesting osprey.

The pitch pines, which love the sand, supported red-breasted nuthatches and black capped chickadees. No white-breasted were seen or heard. The upper beach vegetation supported song sparrows and goldfinches were always flying in and over. A neighbor's bird feeder had mourning doves and a few blue jays called during bike rides.

**Roadside Vegetation  
by Marty Borko**

Wild Carrot, AKA – Queen Ann's Lace, along with Chicory dominate the August roadsides of the twin tiers. Wild Carrot, an umbelliferous biennial has a flat topped collection of numerous small

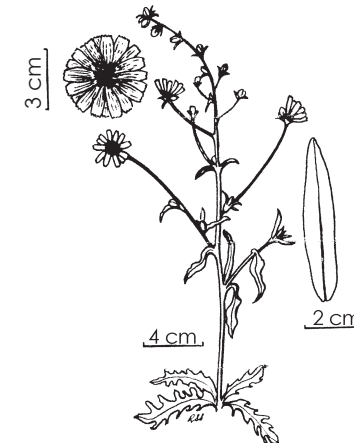
white flowers pollinated by a diverse field of insects. Chicory is a perennial composite with blue florets, which only last the day. The Wild Carrot has a tap-root which although small & white has the same smell, taste and edibility of its sport the commercial carrot. Chicory has a tap-root that has been used as a coffee substitute and is sometimes mixed with coffee. Both plants are exotics having been introduced from Europe.

Low to the ground one may see a yellow color of Birds-foot Trefoil. It gets this name from the fruits, which look like the clawed toes of a bird. It is a legume whose members tend to add nitrogen to the soil in concert with bacteria nodules on their roots. Occasionally one may see a taller yellow cluster of plants, which are probably Butter-and-Eggs. Its common name derived from its flowers that exhibit the orangey yellow of rich egg yolk and the more yellow of fresh butter. Both are perennials introduced from Europe as well.

By mid-August a larger dying native perennial may be seen among the Wild Carrot, Chicory, Birds-foot Trefoil and Butter-and-Eggs. This would be Cow Parsnip. It is an umbelliferous\* plant that is substantially larger than Wild Carrot. There is some evidence that the Iroquois used it as a food source. The next time you take a ride – what will you see?

\*An umbel is a form of flower with many stems coming from a single point

*Cichorium intybus*  
**Chicory\***



*Daucus carota*  
**Wild Carrot**  
\*Also Queen Ann's Lace, Bird's Nest, Devil's Plague



**Climate Change - What are Your Intentions?**

The Yale Project on Climate Change and the George Mason University Center for Climate Change Communications polled 1,001 adults on their conservation practices; the table below shows what percentage walk their environmental talk. Remember that things like public transit and locally grown food are not equally available. But anyone can ride a bike.

	Green <sup>1</sup>	Blue	Brown	Orange
USE PUBLIC TRANSIT	10	63	26	1
WALK OR BIKE INSTEAD OF DRIVE	15	58	26	1
BUY LOCALLY GROWN FOOD	26	50	21	3
RECYCLE	51	37	10	2
COMPOST	14	48	36	2
CONSERVE WATER	48	36	13	3
WASH CLOTHES IN COLD WATER	47	28	17	8
REDUCE NEW PURCHASES	41	34	19	6
RAISE THERMOSTAT IN SUMMER	49	35	12	4
TURN OFF UNNEEDED LIGHTS	84	9	2	5

<sup>1</sup>Green indicates those who believe the action is important and currently engage in it; Blue, those who believe it's important but don't do it; Brown, those who believe the action is unimportant and don't do it; Orange, those who believe it's unimportant but do it anyway.

Paul Rauber, 'Good Intentions', Sierra Magazine, July/August 2010, pg.21.